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Selected Current Research projects

Faye Mishna is Dean and Professor at the Factor-Inwentash Faculty of Social Work, University of Toronto and is cross-appointed to the Department of Psychiatry. Faye holds the Margaret and Wallace McCain Family Chair in Child and Family. Faye worked in children's mental health for over 20 years and prior to joining the Faculty, she was Clinical Director of a children's mental health centre serving children and youth with learning disabilities. Faye is a graduate and faculty at the Toronto Child Psychoanalytic Program and maintains a small private practice in psychotherapy and consultation.

Faye's program of research includes research on bullying, cyber bullying, cyber counseling and cyber technology in counseling and interventions with vulnerable children and youth. An integral component of her research entails collaboration with community organizations. Her scholarly publications have focused on bullying, clinical practice and social work education practice and more recently on cyber technology in counselling. Faye is the author of a book on bullying published by Oxford University Press.

Faye is currently conducting a longitudinal study on cyber bullying among students in grades 4, 7 and 10, funded by the Social Sciences and Humanities Research Council of Canada (SSHRC), entitled *Motivations for Cyber Bullying: A Longitudinal and Multi-Perspective Inquiry.* She is also conducting research on the implications of cyber technology for social work practice, funded by Bell.

Current/Ongoing Projects

2011 - 2014   **Mishna, F.** (Principal Investigator), Craig, W., Beran, T., Pepler, D., Wiener, J., & Khoury-Kassabri, M. *Motivations for Cyber Bullying: A Longitudinal and Multi-Perspective Inquiry*
Social Sciences and Humanities Research Council of Canada (SSHRC)
Standard Research Grant, $203,630

2011 - 2014   Craig, W., Pepler, D (Co-Principal Investigators)
Co-Applicants: Absolon, K., Clinton, J., Crooks, C., Daniels, T., Freeman, J., Hymel, S., Josephson, W., Leadbeater, B., Marini, Z., **Mishna, F**., Moretti, M., Santor, D., Schonert-Reichl, K., Smith, D., Stack, D., Tutty, L., Vaillancourt, T., & Volk, T. *A Societal Approach to Preventing Violence and Achieving Healthy Relationships*. Networks of Centres of Excellence, Knowledge Mobilization, $1,600,000

2012   Craig, W., & Pepler, D. (Co-Principal Investigators)
(March-June) Co-Applicants: Crooks, C., Dane, A., Hymel, S., Marini, Z., **Mishna, F.**, &
              Volk, T. *Bullying Literacy Module*. Ontario Centre of Excellence for Child and
              Youth Mental Health ($14,607).

2008 - 2015 **Mishna, F.** (Principal Investigator), & Bogo, M.
              Cyber Counseling Research, Training and Service Lab
              Bell Canada, $500,000

Annotated Bibliography of Current/Ongoing Research Projects

Motivations for Cyber Bullying: A Longitudinal and Multi-Perspective Inquiry
2011-2014

This study, for which I am the Principal Investigator, is funded by the Social Sciences and
Humanities Research Council of Canada (SSHRC). Objectives are to: 1) explore children's and
youth's experiences and conceptions of cyber bullying; 2) explore the definitions and views of
cyber bullying of parents and teachers; 3) explore how children and youth view the underlying
motivations for cyber bullying; 4) document the development, shifting roles, and rates of cyber
bullying victimization and perpetration; and 5) identify risk and protective factors for
involvement in cyber bullying in children and youth aged 9 to 18 (grades 4, 7, 10 over three
years). This research will contribute to theoretical understanding of cyber bullying and its
motivations and will inform intervention strategies to address cyber bullying. We have begun
year 1 of the study with approximately 20 schools in the Toronto District School board.

A Societal Approach to Preventing Violence and Achieving Healthy Relationships
2011-2014
  • I am a co-investigator on this study, funded by *Networks of Centres of Excellence,
    Knowledge Mobilization*

Bullying Literacy Module 2012
  • I am a co-investigator on this module development project, funded by the Ontario Centre
    of Excellence for Child and Youth Mental Health (CHEO).

The Bell Canada Cyber Counseling Research, Training and Service Project   2008 -
Cyber activity has momentous implications for traditional counseling. The aim of this project is
to develop and research this new, rapidly growing and innovative form of counseling and to
disseminate the findings in order to contribute to the knowledge and skill base. I am the lead for
all aspects of the project. Components include:
  • This was the fourth and last year of a four-year pilot cyber counseling research and training
    initiative lab funded by Bell, which involved partnering with two University of Toronto
    undergraduate colleges. MSW social work practicum students offered face-to-face and cyber
    counseling to undergraduate students in these colleges. This project was unique in educating
    MSW students through a practicum placement, conducting research including developing a
    measure to evaluate competence, and providing service (combining pedagogy with social

services). Both colleges were enthusiastic and found the service valuable. We have created a partnership among the University of Toronto, Faculty of Arts and Science (all colleges), the Factor-Inwentash Faculty of Social Work and Health and Wellness Office of Student Life. Beginning in September 2012, we will continue this service for a three year period.

This project is expected to contribute to the literature and to practice by identifying and understanding competencies and other issues and challenges related to cyber counseling. The practicum component will situate graduates of this program to be among the few counselors considered qualified to provide cyber counseling.

- Cyber Response Through Email Engagement Project (**CREEP**)
    - Focus groups with practitioners and organization administrators regarding use of email and other modern communication technology tools in traditional counseling

- Chat Now: Exploring cyber counseling in an Aboriginal community health setting
    - Cyber Counseling for Clients at Anishnawbe Health Toronto: A Pilot Initiative (collaboration with Anishnawbe Health to provide and evaluate a secure live Chat as a complement to face-to-face counseling when clients are not able to attend sessions.

- A Cyber Counseling Continuing Education Certificate Program

- An elective course on cyber counseling for year 2 MSW students