



Dear BRNET Members:

Thank you for being a part of the Bullying Research Network! Below you will find updates from our network. Be sure to check our website at <http://brnet.unl.edu>.

Researcher Spotlight – Dr. Christina Salmivalli

Christina Salmivalli, PhD., is a Professor of Psychology at the University of Turku, Finland, and Adjunct Professor at the Edith Cowan University in Western Australia.

Salmivalli has done school-based research on bullying and its prevention for over 20 years. During the past seven years, she has been leading the development and evaluation of KiVa antibullying program, which is now widely implemented in Finnish schools. The program received the European Crime Prevention Award (2009) for increasing student safety and wellbeing and reducing the risk of being bullied, and several national awards in Finland (the Humanist Act of the Year, 2008; The Child Act of the Year, 2010; Peace Education Award, 2011; Campus Award, 2012). The latest evaluation study of KiVa received the 2012 Social Policy Award for best article in the SRA (Society for Research on Adolescence) conference in Vancouver in 2012. KiVa antibullying program is currently evaluated in the Netherlands, in Delaware, US, and in Wales.

Salmivalli has published numerous widely cited research articles, reviews, book chapters and books on the topic of school bullying. She has led several large-scale projects funded by the Academy of Finland and other funding organizations in Finland and at the European level.

Salmivalli has been a speaker at several national and international conferences. In 2011 and 2012, she presented her work in Ljubljana (Slovenia), Perth (Australia), Shanghai (China), Osaka (Japan), and Bogota (Colombia); in 2013 she will be the State-of-the-Art speaker at the European Congress of Psychology in Stockholm (Sweden).

Salmivalli's recent publications include the following:

Salmivalli, C. (2010). Bullying and the peer group: A review. *Aggression and Violent Behavior, 15*, 112-120.

Kärnä, A., Voeten, M., Little, T., Poskiparta, E., Kaljonen, A., & Salmivalli, C. (2011). A large-scale evaluation of the KiVa anti-bullying program: Grades 4-6. *Child Development, 82*, 311-330.

Sainio, M., Veenstra, R., Huitsing, G., & Salmivalli, C. (2011). Victims and their defenders: A dyadic approach. *International Journal of Behavioral Development*.

- Salmivalli, C., Voeten, M., & Poskiparta, E. (2011). Bystanders matter: Associations between defending, reinforcing, and the frequency of bullying in classrooms. *Journal of Clinical Child and Adolescent Psychology, 40*, 668-676.
- Salmivalli, C., Kärnä, A., & Poskiparta, E. (2011) Counteracting bullying in Finland: The KiVa program and its effects on different forms of being bullied. *International Journal of Behavioral Development, 35*, 405-411.
- Kärnä, A., Voeten, M., Little, T., Alanen, E., Poskiparta, E., & Salmivalli, C. (2011). Going to Scale: A nonrandomized nationwide trial of the KiVa antibullying program for comprehensive schools. *Journal of Consulting and Clinical Psychology, 79*, 796-805.
- Williford, A., Boulton, A., Noland, B., Kärnä, A., Little, T., & Salmivalli, C. (2012). Effects of the KiVa anti-bullying program on adolescents' depression, anxiety, and perception of peers. *Journal of Abnormal Child Psychology, 40*, 289-300.
- Salmivalli, C., & Poskiparta, E. (2012). Making Bullying Prevention a Priority in Finnish Schools: KiVa Antibullying Program. *New Directions for Youth Development, 41-53*.
- Pöyhönen, V., Juvonen, J., & Salmivalli, C. (2012). Standing up for a victim, siding with the bully, or standing by? — bystander responses in bullying situations. *Social Development*.
- Sainio, M., Veenstra, R., Huitsing, G., & Salmivalli, C. (2012). Same- vs. other-sex bullying: are the risk factors similar? *Aggressive Behavior, 38*, 442-455.
- Huitsing, G., Sainio, M., Veenstra, R., & Salmivalli, C. (2012) “It must be me” or “It could be them?” The impact of the social network position of bullies and victims on victims' adjustment. *Social Networks, 34*, 379-386.
- Kärnä, A., Voeten, M., Little, T., Alanen, E., Poskiparta, E., & Salmivalli, C. (2012). Effectiveness of the KiVa antibullying program: Grades 1-3 and 7-9. *Journal of Educational Psychology*. Advance online publication. doi: 10.1037/a0030417
- Saarento, S., Kärnä, A., Hodges, E., & Salmivalli, C. (in press). Student-, classroom-, and school-level risk factors for victimization. *Journal of School Psychology*.
- Salmivalli, C., Sainio, M., & Hodges, E.V.E. (in press). Electronic Victimization: Correlates, Antecedents, and Consequences among Elementary and Middle School Students. *Journal of Clinical Child and Adolescent Psychology*.
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New BRNET Members

BRNET had 2 new members join recently, resulting in a current total of 115 members! Welcome Drs. Jennifer (Jenna) Shapka from the University of British Columbia and Jamilia Blake from Texas A&M University! Please send recommendations for potential BRNET members (i.e., faculty, researchers, and clinicians who are conducting research on bullying or related topics) to Dr. Shelley Hymel, Dr. Susan Swearer, or to bullyresearchnet@gmail.com.

Yale Center for Emotional Intelligence

The Yale Center for Emotional Intelligence is hosting a Train-the-Trainer event May 14-17 and August 19-22 on the Yale campus. The link is included here, and the flyer may be found in the final page of this newsletter.

<http://therulerapproach.org/index.php/may-2013-train-the-trainer-the-anchors-of-emotional-literacy/>

Announcing PREVNet's 7th Annual Conference

CANADA'S PREMIER BULLYING PREVENTION CONFERENCE MAY 7

PREVNet's 7th Annual Conference will take place at the Chestnut Conference Centre in downtown Toronto on May 7. The theme of this year's conference is **"It's Everybody's Role to Promote Mental Health and Prevent Bullying."**

Led by two of Canada's foremost experts in the field of bullying, Dr. Debra Pepler and Dr. Wendy Craig, PREVNet (Promoting Relationships Eliminating Violence) is a national network of 67 Canadian researchers and more than 100 graduate students from 27 universities and 53 national child and youth serving organizations, dedicated to stopping bullying in Canada. Teachers, counselors, parents, volunteers, youth, and any others interested in bullying prevention will be able to network, and to learn of the latest knowledge and practical tips from Canada's foremost researchers and national community organizations: Over 400 participants are expected!

Registration fee: \$250 if registered by March 25. The conference agenda and flyers can be found on the BRNET website, here: <http://cehs15.unl.edu/cms/index.php?s=2&p=146#437>

Visit our website for more information or to register: <http://prevnet.ca>

Conference participants will learn why their relationships with children and youth matter, and how Facebook is working to keep teens safe on line. We will offer a choice of 11 workshops including;

1. creating a safe and predictable environment for children who have been bullied
2. how to turn children into model "E-citizens" – ones that are ethical, empathetic, engaged and empowered.
3. the latest information on the roles of parents, individuals and organizations in reducing cyberbullying.
4. new tools to identify children who may bully and how to help them.

We hope to see you there!

(Thank you to Andrew Barrett for sharing this announcement with BRNET)

Announcing New Research Led by Drs. Suresh Sundaram & Peter Smith

A New Research Project

INDIAN - EUROPEAN RESEARCH NETWORKING PROGRAMME a Joint funding scheme by ANR-DFG-ESRC-NWO with ICSSR (2012 – 2014). A five country collaboratory research project "Bullying, Cyberbullying, and Pupil Safety and Well-Being", commenced on 1st September 2012.

Indian Principle Investigator: Dr. Suresh Sundaram, Department of Psychology, Annamalai University, Annamalainagar, India.

European Principal Investigator: Emeritus Professor Peter K Smith,
Unit for School and Family Studies,
Goldsmiths College, New Cross,
London SE14 6NW, England.

The other investigators and Institutions involved in project are: Department of Psychology, Goldsmiths, University of London, U.K. - *Dr Alice Jones, and Ms Fran Thompson*. International Observatory of Violence in Schools, France - *Professor Catherine and Blaya, Professor Seraphin Alava*. Unit for Counselling and Intervention, Department of Psychology, Ludwig-Maximilians-University (LMU), Munich, Germany -*Dr Mechthild Schäfer*. Department of Special Education/Department of Developmental Psychology, Netherlands Vrije Universiteit, Amsterdam, Netherlands - *Dr Frits A. Goossens and Dr Tjeert Olthof*. Department of Psychology, Punjabi University, Patiala, Punjab, India.- Dr.Damanjit Sandhu

Website: <https://sites.google.com/site/cyberbullyingeuindian/>

Request from Dr. Ken Rigby

Dear BRNET members,

Recently I have been engaged in developing anti-bullying resources for the Department of Education in the State of Victoria, Australia. These have included an on-line module for use by teachers in addressing cases of bullying <http://techsavvysolutions.com.au/files/DEECD/kr>. It is based on my book, *Bullying Interventions in Schools: Six Basic Approaches* - Blackwell-Wiley, 2012. Further information is in my recently revised site on www.kenrigby.net. Any feedback would be much appreciated.

Best Wishes

Ken Rigby

Systematic Review of Evaluated Cyberbullying Prevention Programs

Dear colleagues,

We are currently conducting a systematic review of evaluated cyberbullying prevention programs aimed at young people (age 6-18). We are aware that there are cyberbullying prevention programs that have been evaluated, but have not been reported on (yet) in academic journals or other reports that are easily traceable online. Therefore, if you are or were involved in the creation or evaluation of such a program, please contact us. Please also contact us in case a report was only published in your mother language.

Our review will consist of two phases; a broad mapping stage and an in-depth review stage with meta-analysis (if enough studies fit our inclusion criteria for this stage). For the first stage, we are looking or all types of cyberbullying prevention programs aimed at young people that were evaluated quantitatively or qualitatively. This could be cyberbullying prevention programs, but also traditional bullying programs to

which a component on cyberbullying was added, or traditional bullying programs that have also included outcome measures on cyberbullying, or internet safety programs that contain a component on cyberbullying...

We would be pleased if you could answer within the next two weeks. Feel free to contact us in case you have questions about the research design.

Thank you in advance.

Katrien Van Cleemput and Heidi Vandebosch

University of Antwerp, Belgium

Katrien.vancleemput@ua.ac.be

More information on our project: <http://www.friendlyattac.be/>

PREVNet Releases New Book for Parents

“Bullying Prevention: What Parents Need to Know”

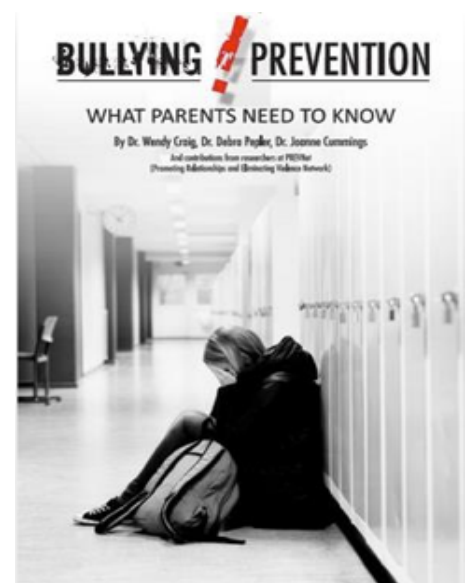
Dr. Wendy Craig, Dr. Debra Pepler and Dr. Joanne Cummings

An authoritative research-based look at bullying
Tells parents what they can do to prevent bullying at all age and school levels

Explores key myths such as:

- children grow out of bullying
- only a small number of children have problems with bullying
- reporting bullying will only make the problem worse

Available as an ebook and a paper book through
www.bullyingpreventionanswers.com



A portion of the proceeds from the sale of this book will go directly to PREVNet to help fund our bullying prevention activities.

If you are interested in buying 50 or more copies, but not for resale to the general public, please contact Andrew Barrett (andrew.barrett@queensu.ca) for information about discounted volume buying prices.

New Manuscripts Authored by BRNET Members

Dr. Jamie M. Ostrov:

Ostrov, J. M., & Godleski, S. A. (in press). Relational aggression, victimization, and adjustment during middle childhood. *Development and Psychopathology*.

Ostrov, J. M., Murray-Close, D., Godleski, S. A., & Hart, E. J. (in press). Prospective associations between forms and functions of aggression and social and affective processes in early childhood.

Versions of these manuscripts are available on Dr. Ostrov's website:

<http://wings.buffalo.edu/psychology/labs/SocialDevLab/publications.htm>

Dr. Muhammad Waseem:

Waseem, M., Arshad, A., Leber, M., Perales, O., & Jara, F. (2013). Victims of bullying in the emergency department with behavioral issues. *The Journal of Emergency Medicine*, 44, 605-610. doi: 10.1016/j.jemermed.2012.07.053

Waseem, M. & Foster, C. B. (2013). Assessment and management of bullied children in the emergency department. *Pediatric Emergency Care*, 29, 389-398. doi: 10.1097/PEC.0b013e31828575d7

Upcoming BRNET Think Tanks!

The University of California at Santa Barbara will host the 3rd annual BRNET Think Tank June 18-20, 2013 in sunny Santa Barbara! BRNET members, Dr. Mike Furlong and Dr. Shane Jimerson will help coordinate the BRNET Think Tank, which has become a very productive and rewarding meeting. We extend our heart-felt "thank you!" to Jane, Mike, and Shane for hosting our next BRNET Think Tank. Click here to register for the June 2013 BRNET Think Tank in Santa Barbara, CA:

<http://www.michaelfurlong.info/BRNET/>

For the advance planners in the group: We are pleased to announce that the 2014 BRNET Think Tank will held in Canada and jointly hosted by BRNET and PREVNet (<http://www.prevnet.ca>). More information will be provided at the 2013 BRNET Think Tank at USCB in June 2013.

Hope to see many of you in June!

Thank you for your involvement in the Bullying Research Network! If you have any news, information, research, suggestions for new members, or other materials that our members would find useful, please do not hesitate to email us at bullyresearchnet@gmail.com

Most sincerely,



Dr. Shelley Hymel
University of British Columbia
BRNET Co-Director



Dr. Susan Swearer
University of Nebraska - Lincoln
BRNET Co-Director

Yale *Center for Emotional Intelligence*

Presents

The Anchors of Emotional Intelligence

Train-the-Trainer:

May 14-17 or August 19-22, 2013

Yale University | New Haven, CT

The RULER Approach (RULER), developed by Marc A. Brackett, Ph.D. and colleagues at the Yale Center for Emotional Intelligence is a CASEL SElect social and emotional learning program rooted in emotional intelligence theory. RULER stems from the belief that, when provided with the right skills and strategies, educators and students have the power to leverage their emotions to make healthy decisions, strengthen relationships, and achieve desired academic outcomes.

Research on RULER shows that participating schools have:

- Positive shifts in school climate
- Enhanced academic performance
- Better quality interpersonal relationships
- Less bullying and aggressive behavior

The Anchors of Emotional Intelligence is the signature program of RULER. It is a highly interactive training that provides schools with structured learning opportunities to develop emotional intelligence in all stakeholders. Participants learn how to teach colleagues four key anchor tools, leverage their own emotional skills to support faculty and students in rolling out RULER, and develop an action plan for sustaining RULER in their school.

Registration includes:

- 4 full days of training
- PowerPoint presentations and videos to rollout the program
- 6 web-based, SKYPE or phone coaching sessions over the year
- Access to the RULER online community for resources
- Eligibility for RULER certification
- Morning coffee and lunch

Cost & Registration:

\$1,800 per participant. For best results, we recommend sending a team of 2-4 educators from each school, including administrators, classroom teachers across divisions, psychologists, social workers, or counselors.

Please contact Bonnie Brown at bonnie@rulergroup.com to register.

